



Alex McMillan IV, DDS & Associates

YOUR NEW OCCLUSAL APPLIANCE

You have just received your new occlusal appliance. It was custom-made for you from the finest materials to provide years of outstanding service. Our entire staff takes extra pride to insure that your appliance will provide you with many years of comfort and service to your teeth and joint function. As a proud owner of your new appliance, we want to provide you with some information that will help you maintain it as long as possible.

"I keep losing the appliance while I sleep." Whenever something new and unusual is in your mouth, your subconscious mind will do everything to get rid of it. You may find the appliance on the floor or in your bed - this is not unusual. Your subconscious mind will take some time to get used to your new appliance be persistent and be patient!

"My teeth are sore or don't fit together correctly after I wear the appliance." When you have had the habit of clenching or grinding for a period of time, your teeth and joint get used to a pattern of movement, much like your muscles get used to exercising. When you first begin to use your appliance, your muscles and joint will rebel much like your muscles do when you have not exercised in a while. Be patient, your teeth and joint will adapt to your appliance and will eventually enjoy having the appliance in place. If the appliance does not feel comfortable within 2-3 weeks after the follow-up adjustment, call the office for another adjustment.

"How do I take care of my appliance?" To insure a long life for your new appliance, follow these maintenance tips:

- Brush your appliance with a wet toothbrush **WITHOUT** toothpaste.
- Soak your appliance in a denture cleaning solution once a week with Efferdent or a similar cleaning solution available at your local drug or grocery store.
- **DO NOT** soak or leave your appliance in an alcoholic mouth rinses such as Scope or Listerine - it will stain and weaken the appliance.
- Store your appliance in the case provide dot you. Please keep the appliance away from animals, especially dogs - they love the scent and will chew it up!

"How long will my appliance last?" If, for any other reason other than traumatic accident, loss or animal destruction, your appliance chips, cracks or breaks, we will replace it free of charge during the first 2 years. If failure occurs after 2 years but before 5 years, we will replace it for laboratory costs only. We feel so confident about your appliance that we provide this outstanding warranty! Some future minor repairs, however, may be necessary for excessive wear or clasp adjustment as your appliance wears. There will be a nominal charge for these repairs.

Creating healthy mouths is a specialty of ours. Not only is it rewarding for our patients, but we also enjoy the feeling when we can help prevent oral health challenges as well as eliminate discomfort. We greatly appreciate the referrals you send our way and we know your friends and family will appreciate you caring about them.

Aesthetic, Implant & Sedation Dentistry

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